

# BRIDES - LES - BAINS

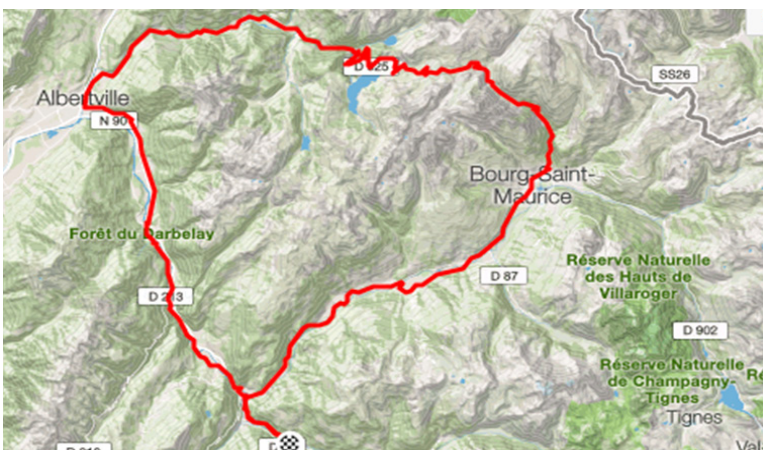


## CORMET DE ROSELEND

### PRESENTATION

The Cormet de Roselend culminates at 1968 meters. Located along a historical alpine road « The Great Alp Route », this is one of the most beautiful Alpine passes (cormet means mountain pass in the local Beaufort dialect). You can, in good weather, enjoy a wonderful view of the Roselend Lake (western slope) and its turquoise waters.

“ The Cormet de Roselend, a tour through Tarentaise & Beaufortain valleys ”



#### ALTIMETRIC DATA:

Stage

Distance - 125km

Gain - 3124m D+

#### ALTIMETRIC DATA:

Pass

Distance - 19,30km

Gain - 1 154m D+

% Moy. - 5,98%

% Max. - 8,9%



# ITINERARY



1

## BRIDES-LES-BAINS

**1 - RIDE INTO MOÛTIERS**  
(ideally by the Frasses)

**2 - AT THE MAIN  
ROUNDBABOUT, HEAD TOWARDS  
BOURG-SAINT-MAURICE**

**VIA THE N90**

(you can leave N90 in Aime and follow the greenway to Bourg-Saint-Maurice)

2

## BOURG-SAINT-MAURICE

**1 - FOLLOW THE ROAD TO THE  
PASS (D902)**

**2 - GO PAST THE LAKE AND  
TOWARDS ALBERTVILLE  
THROUGH BEAUFORT**

**3 - THEN COME BACK TO MOU-  
TIERS (D990 AND THEN D66).**

**4 - RETURN TO BRIDES VIA THE  
SAME ROAD YOU LEFT BY**

CHECK OUT THE ROAD ON STRAVA : [STRAVA.COM/ROUTES/8011161](https://www.strava.com/routes/8011161)



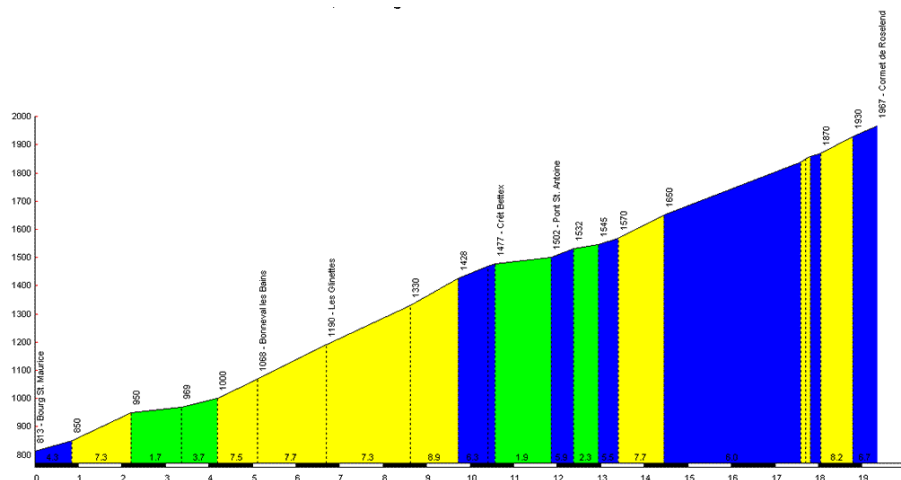
## STAGE PROFILE



## PASS PROFILE



VIA BOURG-SAINT-MAURICE



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