

BRIDES - LES - BAINS

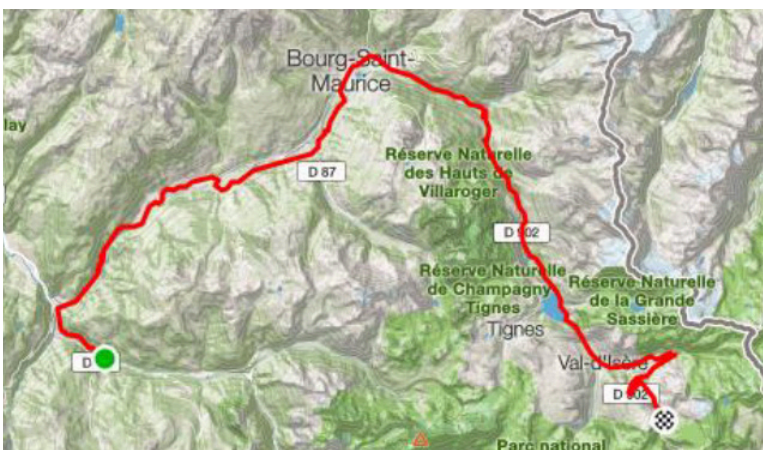


COL DE L'ISERAN

PRESENTATION

The legendary mountain pass of the "Iseran" culminates at 2770 m altitude and connects the Tarentaise to the Maurienne valley. Perched here where vegetation is scarce, its roads have seen the Tour de France 5 times. History is written here between hopes and disappointments, but still in pain: from Bobet's tears to Chiappucci's smile. Your turn to tame its devilish slopes...

“ Since the road was finished in 1937, it's the highest road pass in the French Alps ”



ALTIMETRIC DATA:

Stage
Distance - 84km
Gain - 3 386m D+

ALTIMETRIC DATA:

Pass
Distance - 48km
Gain - 1 955m D+
% Moy. - 4,07%
% Max. - 6,9%



ITINERARY



1

BRIDES-LES-BAINS

1 - RIDE INTO MOÛTIERS

(ideally by the Frasses)

2 - AT THE MAIN ROUNDBABOUT, HEAD TOWAR- DS BOURG-SAINT-AURICE

VIA THE N90

*(you can leave N90 in Aime and follow the
greenway to Bourg-Saint-Maurice)*

2

BOURG-SAINT-AURICE

1 - DIRECTION VAL D'ISÈRE ON THE D1090

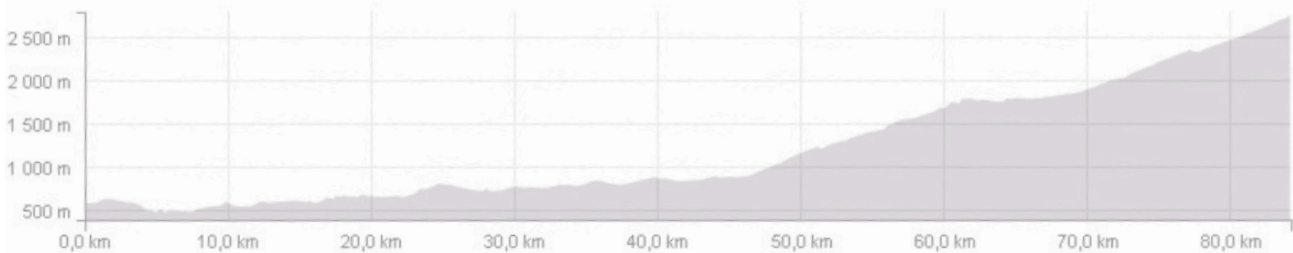
2 - THEN D902 GOING THROUGH SEEZ ET SAINTE-FOY-TARENTEISE.

3 - AFTER VAL D'ISÈRE, CONTINUE ON THE SAME ROAD TO THE PASS.

CHECK OUT THE ROAD ON STRAVA : [STRAVA.COM/ROUTES/8008800](https://www.strava.com/routes/8008800)



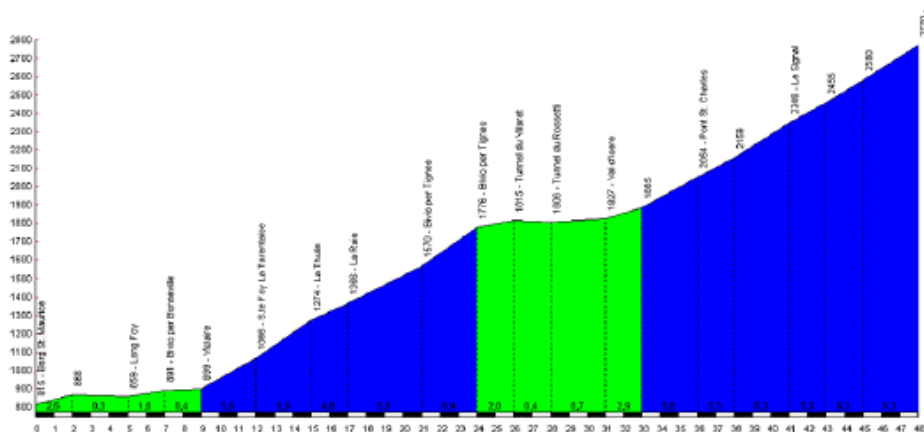
STAGE PROFILE



PASS PROFILE



VIA BOURG-SAINT-AURICE



TOURIST OFFICE - +33 (0)4 79 55 20 64
BRIDES-LES-BAINS.COM

